



## CORE METHODS OF ABFT WEBINAR SCHEDULE

\*\*Times are approximate and subject to change. All times listed are EASTERN STANDARD times. Please adjust for different time zones accordingly.

Webinar 1		
Track 1	Track 2	
9:00 am - 10:30am	1:00 pm - 2:30pm	Guiding principles for preparing for sessions Cultural Humility & Discrimination/Racism Task 1: Relational Reframe Discussion - Overall Goal, Emotional Arc, Phases of the task
10:30am - 10:40am	2:30pm - 2:40pm	Break
10:40am - 11:50am	2:40pm - 3:50pm	Task 1: Relational Reframe Discussion Managing Resistance Video
11:50am - 12:00pm	3:50pm - 4:00pm	Break
12:00pm - 12:45pm	4:00pm - 4:45pm	Task 1: Relational Reframe Role-Play and Debrief

Webinar 2:		
Track 1	Track 2	
9:00 am - 10:30am	1:00 pm - 2:30pm	Task 2: Adolescent Alliance Discussion - Overall Goal, Emotional Arc, Phases of the task - Discussion of Mental Health Problem Narrative
10:30am - 10:40am	2:30pm - 2:40pm	Break
10:40am - 11:50am	2:40pm - 3:50pm	Task 2: Adolescent Alliance Discussion - Attachment Narrative Challenges Video
11:50am - 12:00pm	3:50pm - 4:00pm	Break
12:00pm - 12:45pm	4:00pm - 4:45pm	Task 2: Adolescent Alliance Role-Play and Debrief

Webinar 3		
Track 1	Track 2	
9:00 am - 10:30am	1:00 pm - 2:30pm	Task 3: Parent/Caregiver Alliance Discussion - Overall Goal, Emotional Arc, Phases of the task - Motivating Caregivers
10:30am - 10:40am	2:30pm - 2:40pm	Break
10:40am - 11:50am	2:40pm - 3:50pm	Task 3: Parent/Caregiver Alliance Discussion - Preparing Caregivers Video
11:50am - 12:00pm	3:50pm - 4:00pm	Break
12:00pm - 12:45pm	4:00pm - 4:45pm	Task 3: Parent/Caregiver Alliance Role-Play and Debrief

Webinar 4		
Track 1	Track 2	
9:00 am - 10:45am	1:00 pm - 2:45pm	Task 4: Attachment Task Discussion - Overall Goal, Emotional Arc, Phases of the task, important components of the Attachment Task Video
10:45am - 10:55am	2:45pm - 2:55pm	Break
10:55am - 11:40am	2:55pm - 3:40pm	Task 4: Attachment Task Role-Play and Debrief
11:40am – 11:45am	3:40pm – 3:45pm	Break
11:45am - 12:45pm	3:45pm - 4:45pm	Task 5: Autonomy Promoting Task Discussion - Overall Goal, Emotional Arc, Phases of the task, Process of the Task Video