



ABFT Advanced Webinar Agenda

Webinar 1	
ET	
10:30am-12:15pm	Person of the Therapist: Background, POTT Framework, Utility of POTT in ABFT
12:30pm -12:45pm	Break
12:45pm – 2:15pm	Person of the Therapist: Assessing Vulnerability Exercise
2:15pm	End

Webinar 2	
ET	
10:30am-12:15pm	Deepening Emotion in ABFT: History, Purpose, Deepening in Family Sessions
12:15pm -12:30pm	Break
12:10pm – 2:15pm	Deepening Emotion in ABFT: Specific Interventions, Practice, Video Exercises
2:15pm	End

Webinar 3	
ET	
10:30am-12:00pm	Review of Basic Principles Discussion of General Challenges
12:00pm -12:10pm	Break
12:10pm – 1:10pm	Task 1: Relational Reframe Challenges Discussion
1:10pm-1:15pm	Break
1:15pm – 2:15pm	Task 1: Relational Reframe Discussion & Video
2:15pm	End

Webinar 4	
ET	
10:30am - 11:30am	Task 1: Relational Reframe Role-Play & Debrief
11:30am -12:15pm	Task 2: Adolescent Alliance Challenges Discussion
12:15pm -12:30pm	Break
12:30pm -2:15pm	Task 2: Adolescent Alliance Discussion, Video & Role Play
2:15pm	End

Webinar 5	
ET	
10:30am-12:15pm	Task 3: Parent Alliance Challenges Discussion
12:15pm -12:30pm	Break
12:30pm – 1:15pm	Task 3: Parent Alliance Discussion and Video
1:15pm – 2:15pm	Task 3: Parent Alliance Role-Play
2:15pm	End

Webinar 6	
ET	
10:30am-12:15pm	Task 4: Attachment Task Challenges Discussion & Video
12:15pm -12:30pm	Break
12:30pm – 1:15pm	Task 4: Attachment Task Role-Play
1:15pm – 2:15pm	Task 5: Autonomy Promoting Discussion & Video Wrap-up
2:15pm	End