

ABFT Advanced Webinar Schedule

Webinar 1		
10:30am-12:15pm	Introductions, Biggest Challenges & Person of the Therapist presentation	
12:15pm -12:30pm	Break	
12:30pm – 1:15pm	Person of the Therapist discussion	
1:15pm – 2:15pm	Person of the Therapist Exercise	
2:15pm	End	

Webinar 2	
10:30am-12:15pm	EFT Skills for Deepening Emotion
12:15pm -12:30pm	Break
12:10pm – 1:15pm	EFT Skills for Deepening Emotion Cont'd
1:15pm – 2:15pm	EFT Skills for Deepening Emotion Cont'd
2:15pm	End

Webinar 3	
10:30am-12:00pm	Review of Basic Principles Discussion of General Challenges
12:00pm -12:10pm	Break
12:10pm – 1:10pm	Task 1: Relational Reframe Discussion
1:10pm-1:15pm	Break
1:15pm – 2:15pm	Task 1: Relational Reframe Discussion & Video
2:15pm	End

Webinar 4		
10:30am - 11:30am	Task 1: Relational Reframe Role-Play & Debrief	
11:30am -12:15pm	Task 2: Adolescent Alliance Discussion	
12:15pm -12:30pm	Break	
12:30pm -2:15pm	Task 2: Adolescent Alliance Discussion, Video & Role Play	
2:15pm	End	

Webinar 5		
10:30am-12:15pm	Task 3: Parent Alliance Discussion	
12:15pm -12:30pm	Break	
12:30pm – 1:15pm	Task 3: Parent Alliance Discussion and Video	
1:15pm – 2:15pm	Task 3: Parent Alliance Role-Play	
2:15pm	End	

Webinar 6		
10:30am-12:15pm	Task 4: Attachment Task Discussion & Video	
12:15pm -12:30pm	Break	
12:30pm – 1:15pm	Task 4: Attachment Task Role-Play	
1:15pm – 2:15pm	Task 5: Autonomy Promoting Discussion & Video Wrap-up	
2:15pm	End	